

School For Self Knowledge

*'Self Knowledge is realizing the truth
underlying all and everything'*

A **nine-week practical course** for those who desire to discover the truth within themselves, who seek a deeper understanding of human existence and a greater fullness of life. The course establishes a firm basis for clear thought and effective action in daily life, and cultivates the art of joyful living.

Subjects include: wisdom, knowledge, understanding; reason, creativity; levels of consciousness; power of attention; thoughts, feelings, emotions; freedom from the false ego-self and changing states of the mind; our true human nature of inner peace, love and happiness.

Beginning

Sydney CBD: Philippine
Airlines Building 49 York St
Mon 19 Jul 6.15pm
Thur 22 Jul 6.15pm
Sat 24 Jul 9.00am

Kirribilli: Neighbourhood Centre
16-18 Fitzroy St
Mon 19 Jul 7.00pm

Bondi Junction: Waverley Library
32-48 Denison St
Tue 20 Jul 6.30pm

Burwood: Woodstock Community
Centre Church St
Wed 21 Jul 7.00pm

Enrol on first attendance
Course fee: \$170 (cash or cheque)

For enquiries & enrolments phone (02) 9953 9937 or visit
www.schoolforselfknowledge.org

A non-profit non-religious organisation