

# School For Self Knowledge

*'Self Knowledge is realizing the truth  
underlying all and everything'*

A **nine-week practical course** for those who desire to discover the truth within themselves, who seek a deeper understanding of human existence and a greater fullness of life. The course establishes a firm basis for clear thought and effective action in daily life, and cultivates the art of joyful living.

**Subjects include:** wisdom, knowledge, understanding; reason, creativity; levels of consciousness; power of attention; thoughts, feelings, emotions; freedom from the false ego-self and changing states of the mind; our true human nature of inner peace, love and happiness.

## *Beginning*

**Hughes:** Hughes  
Community Centre Wisdom  
Street (adjacent to shops)  
**Tue 20 Jul 7.00pm**

**Belconnen:** Belconnen  
Community Centre Room 1  
Swanson Street  
**Wed 21 Jul 7.00pm**

**Canberra City:** Level 3  
29 Bunda St (former Cinema  
Centre) **Thur 22 Jul 7.00pm**

**Enrol on first attendance**  
**Course fee: \$170 (cash or cheque)**

For enquiries & enrolments phone (02) 6257 5375 or visit  
***[www.schoolforselfknowledge.org](http://www.schoolforselfknowledge.org)***

A non-profit non-religious organisation